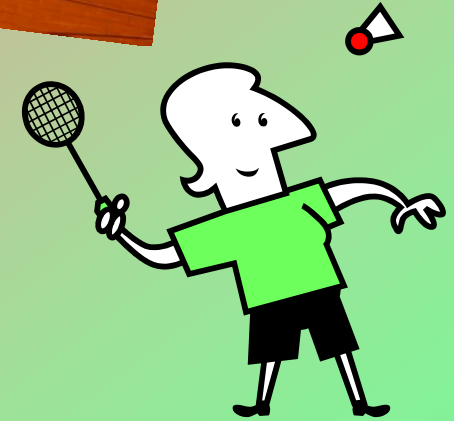
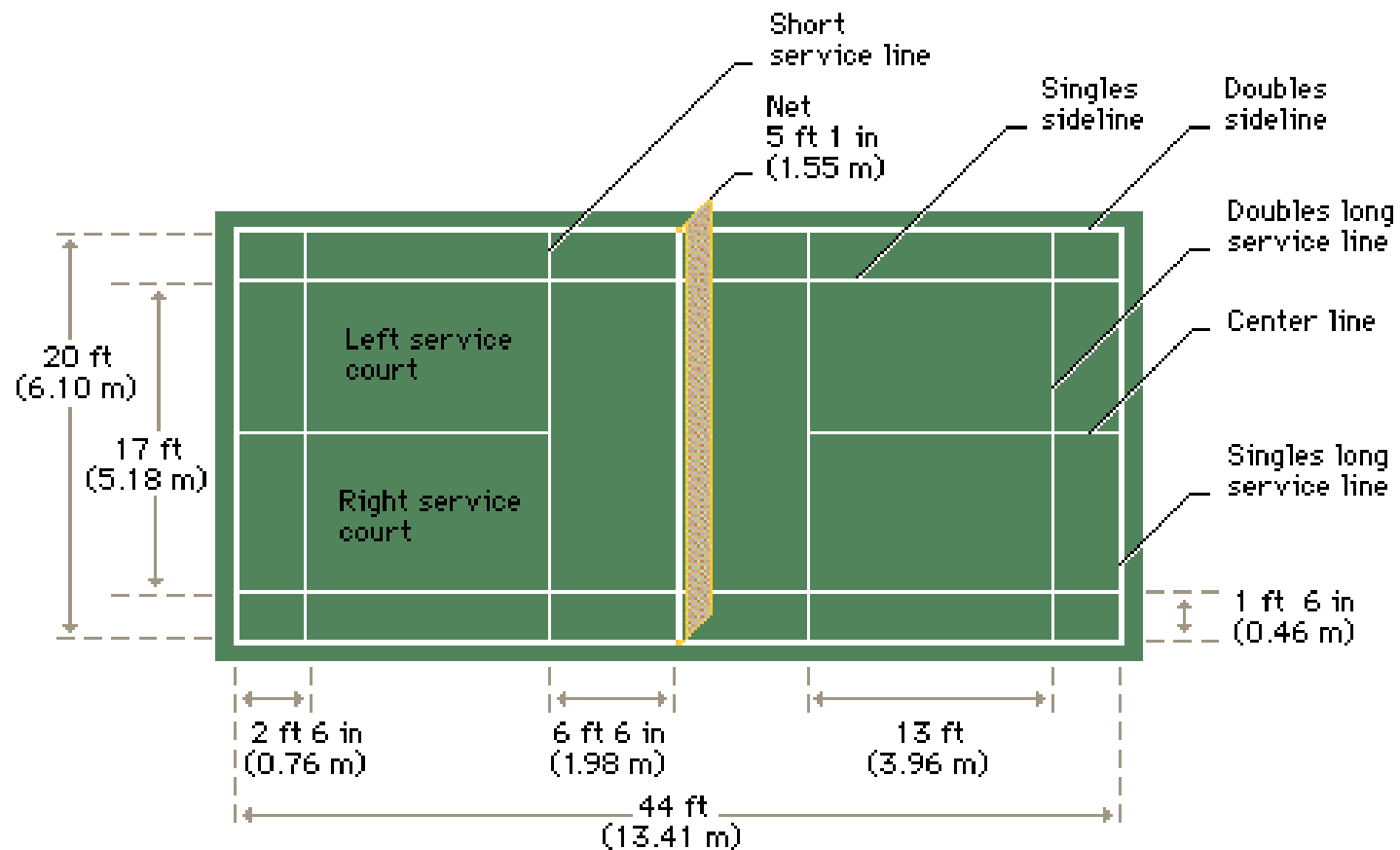




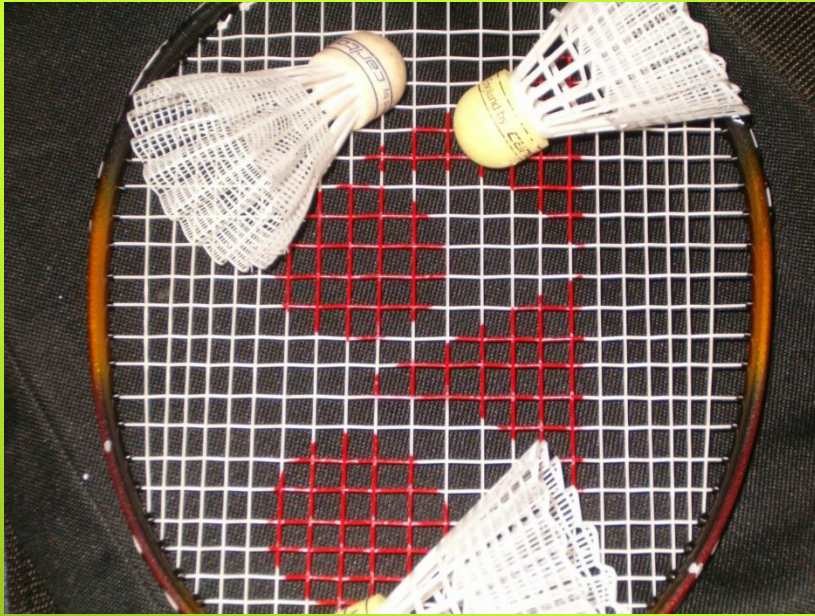
# BADMINTON





- ORIGIN FROM CHINA TO INDIA
- ENGLISH OFFICERS – BROUGHT IT  
BACK TO ENGLAND
- 1873 – DUKE OF BEAUFORT
- BADMINTON ESTATES
- THUS ITS NAME





**Shuttlecocks - Also known as birdies or birds. One type has feathers with a cork base, and the other is plastic with a rubber base.**

**Rackets - Made of lightweight material like wood, plastic or metal.**

## Object of the game

The object of the game is to hit the shuttlecock back and forth over a net without permitting it to hit the floor in bounds on your side of the net.

Full medal sport in  
Olympics in 1992



Call the score on every serve  
Call all faults quickly and fairly  
NEVER use abusive language or behavior  
RESPECT YOURSELF, YOUR OPPONENT  
AND THE GAME!!!  
Play your best on every point  
Shake hands after the match



Service: Diagonally

Proper service court & net = Let

Below the waist & feet DO NOT MOVE

Stand in proper court

Lines = GOOD

Singles play – Rt. = even



Games will be played to 25 points

Start Game even – odd - loser

Shots:

- LOB
- DROP
- DRIVE
- SMASH





Player may not touch - net with a racket or body

Player may not reach over the net to hit the shuttle

Shuttle - may not be lodged or be carried on the racket

Birdie may hit the net on its way across during play

Fault = side out

Service = inning.



RALLY SCORING: A side has only one 'service'.

At the beginning of the game and when the score is even, the server serves from the right service court. When it is odd, the server serves from the left court.

If the serving side wins a rally, the serving side scores a point and the same server serves again from the alternate service court.

If the receiving side wins a rally, the receiving side scores a point. The receiving side becomes the new serving side.

The players do not change their respective service courts until they win a point when their side is serving.

If players commit an error in the service court, the error is corrected when the mistake is discovered.

In a doubles match between A & B against C & D. A & B won the toss and decided to serve. A to serve to C. A shall be the initial server while C shall be the initial receiver.

# A LIFETIME ACTIVITY..... BADMINTON



# References

Haywood, K. & Lewis, C. 1989. Steps to success: *Teaching Badminton*, Leisure Press. Champaign, Ill

Mc Donald, Dawn 1991. ISU lecture notes.

<http://www.bwfbadminton.org/>