

Review for Football/Rugby Test

1. Know how to score 6pts for Football..... 1pt for Rugby
2. What is the line of scrimmage
3. How to start a game
4. What is considered in bounds and out of bounds
5. What is an easy way to split a group into teams (no captains)
6. Where do you start a game Rugby - offensive and defensive
7. Why did we play a 2 touch game of Rugby
8. Which game did you enjoy the most Football or Rugby & WHY
9. Positive behavior- what does it look like on the field
10. Proper care for all equipment
11. What are some general rules for fairness on the field of play

Vocabulary terms:

Momentum

Force

Extension

Flexion

Sportsmanship

Offensive Team

Defensive Team

Gridiron